



at Colorado University
South Denver Campus
June 14-15, 2017



Your "why" is why we do what we do.

Welcome to Mindsets University 2017!

We've designed this year's conference with an ambitious intention: to *provide the support and confidence you need to fulfill your own unique vision as an educator.*

Our goal is your goal: the one you set for yourself many years ago, the reason you chose education as your life's calling. There is no work more profound than teaching children, and we're humbled to be with you this week.

The work of the **7 Mindsets** began in 1988, when our founders were asked to teach life skills to youth in New York City Schools. For the next 20 years, they developed award-winning curriculum and youth empowerment programs that served hundreds of thousands of students throughout the country. While those efforts were successful, there was something missing. Something huge.

And so in 2003, with a core team in place, a 3-year, multi-million dollar research effort was launched to uncover the true nature of happiness and success. 7 Mindsets founders directly interviewed over 500 people, consulted every major study on the subject, logged the common themes across hundreds of renowned books, and analyzed thousands of individuals who had found great significance and meaning with their lives.

Through a rich collaboration with the Magic Wand Foundation, the Mindsets were then put to work. First, we developed what today stands as our flagship youth leadership event: **The Ultimate Life Summit**. Now in its 9th year, ULS has hosted more than 1,000 young people from 25 countries worldwide.

To broaden the impact of the Mindsets, **7 Mindsets For Schools** was born, and is now at work in 22 U.S. states. Through the contributions of thousands of educators, we uncovered a common framework that provides (as our San Antonio Co-Host Principal Barbara Vella says) "an umbrella-effect" for cultural transformation.

Combining these elements: research, lessons, training and framework, the content we offer this week distills this shared journey into a new language that is now sweeping the country! Together, we can transform our schools, classrooms and, as you'll learn over the next few days, whole communities using the Mindsets.

Thank you for joining us!



Lupita

Lupita Knittel
President, 7 Mindsets

Welcome Home

We are delighted to select Colorado University's beautiful South Campus as our home base for Mindsets University this year. Here are a few details to help you find your way:

Parking

Parking is available anywhere within the provided parking lots south of the building and is free of charge.

Public Transportation

The nearest RTD Light Rail station is the Lincoln station at Park Meadows Drive and Lincoln Ave. If you take the light rail to the Lincoln station, you can transfer to the 410 RTD bus route to get to the CU South Denver location.

Nearby Lodging

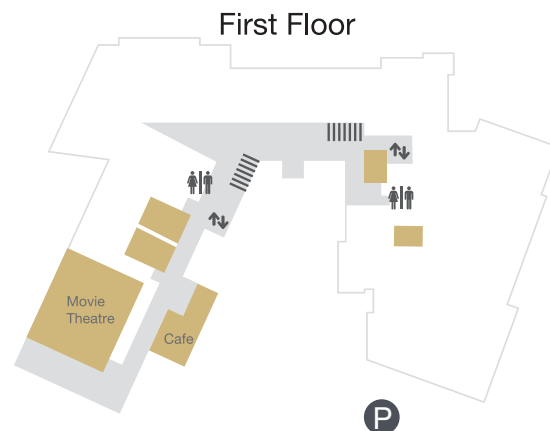
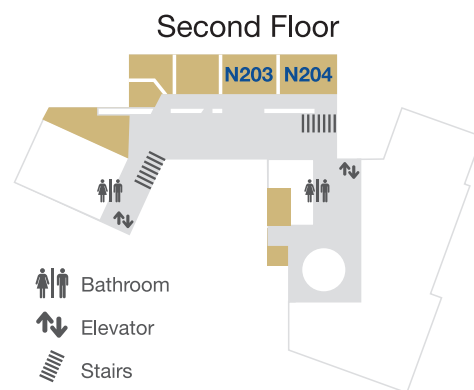
Hilton Garden Inn
9800 Pyramid Ct, Englewood, CO 80112

Hampton Inn & Suites
10030 Trainstation Cir, Lone Tree, CO 80124

Denver Marriott South @ Park Meadows
10345 Park Meadows Dr, Lone Tree, CO 80124

Hilton Garden Inn Denver @ South Park
9290 Meridian Blvd, Englewood, CO 80112

Candlewood Suites DTC Meridien
10535 El Diente Ct, Englewood, CO 80112



Our Spaces

Great Hall

Registration, meals and general sessions will take place in the Great Hall. Just follow the signs upon arrival at the campus.

Classrooms N203 | N204

Planning tracks and breakout sessions will be divided between Classrooms N203 and N204. Signs are located throughout the area.



Day 1

Welcome

Registration, Coffee & Light Breakfast

8:00 am

Danishes and breakfast breads, fresh sliced seasonal fruits and berries, juices, coffee & tea.

Opening Program

9:00 am

After a brief documentary film journey across Colorado's diverse schools and communities, 7 Mindsets Director of Education, Chelsea Buchanan, will open the program.

Morning

The 7 Mindsets

9:45 am

Presented by Scott Shickler and Jeff Waller, Co-Authors of The 7 Mindsets To Live Your Ultimate Life, participants will explore the Mindsets in depth: at personal and professional levels. Weaving from content to application, participants will construct their own personalized life plan using the 7 Mindsets as a guide.

Lunch

Smokehouse Lunch Buffet

1:30 pm

A broad lunch buffet with salads, sides, entrees and desert options.

Mindsparks

MindSpark Salon Series

2:30 pm

Jennifer Murrieta Principal, Casa Grande Middle School

Connie Young Restorative Justice Dean, Vista Peak Exploratory

Roberto Rivera Chief Empowerment Officer, 7 Mindsets

Explore best practices and ideas from the field, followed by a panel and Q&A session.

Closing

Closing Reflections & Preview of Day 2

4:30 pm

Day 2

Debrief

Coffee & Light Breakfast

8:00 am

Danishes and breakfast breads, fresh sliced seasonal fruits and berries, juices, coffee & tea.

Review & Icebreak Session

9:00 am

Day 2 starts with a debrief from the day before and an activity to get creativity flowing!

Planning

Implementation Planning Sessions

9:45 am

Co-facilitated by school administrators, teachers and 7 Mindsets Trainers.

Part 1: Readiness Assessment and Reflection

- Social Emotional Learning
- Student Performance
- Climate and Culture
- Challenges and Roadblocks
- School Goals

Part 2: Organization Plan

- Steering Committee Plan
- Educator Communication Plan
- Student Education Plan
- Parent Communication Plan
- Training Plan
- Measurement Plan

Lunch

Deli-Board Lunch Buffet

12:30 pm

A fresh sandwich, soup and salad lunch buffet with refreshments and desert options.

Breakouts

Implementation Breakout Sessions 1&2

1:30 pm

Implementation Breakout Sessions 3&4

3:15 pm

Closing

Closing Reflections, Hugs & Shrugs

4:45 pm

Scott Shickler and Jeff Waller

The Mindsets Revolution

A Deep Dive

Mindsets University begins with an inspiring and personalized plunge into the 7 Mindsets! Through instruction, stories and activities, each participant will immediately put the learning to work through the crafting of their own unique Life Plan.

This experience will allow you to redeliver this message to others and to intentionally put what you have learned into action in your life.

All registered participants will receive a copy of the 7 Mindsets book.



Scott Shickler is one of the world's leading experts on mindsets-based empowerment. Scott is a best-selling author with 8 books to his credit including *The 7 Mindsets to Live Your Ultimate Life*. He has been featured in a variety of media including *The New York Times*, *The Wall Street Journal* and *CNN*. Scott is a sought-after speaker having delivered presentations in 37 states and 7 countries. He is married to his college sweetheart of 25 years and they have two sons.



Jeff Waller is the co-creator of the 7 Mindsets, and co-author of *The 7 Mindsets to Live Your Ultimate Life*. He is focused on delivering transformative solutions that enable every child to create a life of happiness on their own terms. Central to his mission is equipping educators from all walks of life with the skills and tools to create connected school and classroom communities, where every student can thrive and every teacher is empowered to positively impact their students lives.

Jennifer Murrieta, Connie Young and Roberto Rivera

Mindspark Salon Series

A Storm Of Ideas!

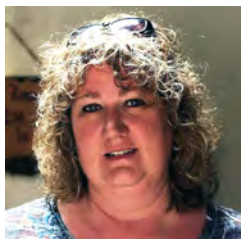
Back to back, and without the typical formalities, Mindsets University hosts 3 inspiring, unique approaches to the work of teaching and learning.

Each presenter will share for 20 minutes, followed by a dynamic panel discussion before we open the floor to Q&A.

George Moore, a graduate of the Ultimate Life Summit, presents the 7 Mindsets in under 20 minutes using his own personal heroes.



Jennifer Murrieta is the Principal of Casa Grande Middle School in Casa Grande, AZ. She received the CASE Outstanding Leadership Award in 2010. In 2011 she was a Rodel finalist and in 2012 was named a Rodel Exemplary Principal. Last year, Murrieta was named a Distinguished Administrator by the Arizona School Administrators (AZA), one of only 6 school leaders in her state to be selected. Mrs. Murrieta is proud to be the Principal at CGMS where strong traditions reign and student success is a priority.



Dean of Restorative Justice at Vista Peak Exploratory School in Aurora, CO, **Connie Young** attended the University of Texas at Dallas where she graduated with honors and received her BA in Interdisciplinary Studies. Then, Young studied at the University of Denver and graduated with honors with a Masters of Social Work with a certification in high-risk youth and animal-assisted therapy. Through her leadership at Vista Peak, Connie co-created one of the first national models that integrates the 7 Mindsets with Restorative Practices.



A Research Collaborator at CASEL and a rising Thought Leader in social emotional learning, **Roberto Rivera** received his undergraduate degree at the University of Wisconsin-Madison where he created his own major entitled "Social Change, Youth Culture and the Arts". He carries a masters in Youth Development with a focus on Social Justice, Urban Education, and Hip-hop, and is currently pursuing his Doctoral Certificate at UIC. Recently, Roberto gave the closing Keynote for SXSW Edu.

Chattahoochee Elementary
School Principal Barbara Vella
working with students.

Implementation Planning Sessions

Participants separate into tracks: Elementary or Middle / High school

Planning Session Flow

With the support of experienced school leaders, in combination with 7 Mindsets staff, participants will explore best practices for implementation of the 7 Mindsets with students, educators, parents, and the community. Through discussion and collaboration, you will create a unique implementation plan for your school. Learning outcomes include how to create a steering committee of teacher-leaders, how to sustain staff momentum, the best ways to incorporating families, and how to create a positive environment where every student can thrive.

Part 1: Readiness Assessment and Reflection

- Social Emotional Learning
- Student Performance
- Climate and Culture
- Challenges and Roadblocks
- School Goals

Part 2: Organization Plan

- Steering Committee Plan
- Educator Communication Plan
- Student Education Plan
- Parent Communication Plan
- Training Plan
- Measurement Plan

Based on identified strengths and weak areas, participants will be encouraged to choose from the breakout sessions offered after lunch.

Breakout Sessions

Designed to take your implementation planning even further

First Group: 1:30 - 3:00 pm (Select one)

The Umbrella: A Whole School Approach [Room N203]

In this session the participants will hear stories and see examples from schools on how to weave the 7 Mindsets core language into faculty meetings, student government, school traditions, clubs, and instruction throughout the day. The ideas and traditions don't change or go away, but the language, and reason we do them, becomes crystal clear.

Teach! The Art Of Mindsets Instruction [Room N204]

Research has established that when teachers and students are able to connect in deeper and more meaningful ways, learning accelerates. Leveraging best practices to explore simple, proven strategies, this topic helps educators and non-educators alike to facilitate lesson more effectively and build the relationships that are critical to student success.

Second Group: 3:00 - 4:15 pm (Select one)

All Aboard! Managing And Sustaining Change [Room N204]

Learn how to spot and overcome the roadblocks, both personal and organizational, to implementing a clear strategy that manages potential conflict and imminent change. This topic provides a leadership framework for managing change and creating an implementation that addresses the "big rocks" that are commonly uncovered in SEL implementation.

Integrating with Core Programs [Room N203]

In this session, participants will explore integration of the 7 Mindsets into existing core programs, including other social emotional initiatives. How can your school strengthen its implementation by integrating the mindsets with PBIS, Growth Mindset, Bullying Prevention, Character Education, etc?

Write It Down

We Were Created to Create...



Upon arrival at Mindsets University, you'll notice triangle towers situated throughout the great hall. They will be mostly blank, with markers all around, and they are yours. Between sessions, during sessions and whenever inspiration strikes, we're counting on every participant to help us co-create a visual learning experience for all.

Create With Us...

Collecting school stories of growth, passion and purpose, we've commissioned a documentary film project that journeys into the very heart of TRANSFORMATION. From inner-city neighborhoods to the most remote outposts of our American landscape, we're leaving no stone unturned. If you would like to host our film crew, or share your own creations, talk to a staff member or send an email to ourstory@7mindsets.com



Leave With a Plan

Implementation Toolkit



Toolkit Contents:

- The 5 Competencies of SEL
- The 7 Mindsets
- Educator Life Plan
- Part 1: Readiness Assessment & Reflection
- Part 2: Organization Plan
- Example Pacing Guides



7 Mindsets

60 King Street
Roswell, GA 30075

Web: www.mindsetsuniversity.com
Email: info@7mindsets.com
Phone: (678) 264-3555
Fax: (678) 550-9750

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