

TEACHING MINDSETS. CHANGING LIVES.



2017 MINDSETS UNIVERSITY

July 11-12, 2017

Guide

San Antonio, TX

Program



Your "why" is why we do what we do.

Welcome to Mindsets University 2017!

We've designed this year's conference with an ambitious intention: to *provide the support and confidence you need to fulfill your own unique vision as an educator.*

Our goal is your goal: the one you set for yourself many years ago, the reason you chose education as your life's calling. There is no work more profound than teaching children, and we're humbled to be with you this week.

The work of the **7 Mindsets** began in 1988, when our founders were asked to teach life skills to youth in New York City Schools. For the next 20 years, they developed award-winning curriculum and youth empowerment programs that served hundreds of thousands of students throughout the country. While those efforts were successful, there was something missing. Something huge.

And so in 2008, with a core team in place, a 3-year, multi-million dollar research effort was launched to uncover the true nature of happiness and success. 7 Mindsets founders directly interviewed over 500 people, consulted every major study on the subject, logged the common themes across hundreds of renowned books, and analyzed thousands of individuals who had found great significance and meaning with their lives.

Through a rich collaboration with the Magic Wand Foundation, the Mindsets were then put to work. First, we developed what today stands as our flagship youth leadership event: **The Ultimate Life Summit**. Now in its 8th year, ULS has hosted more than 1,000 young people from 25 countries worldwide.

To broaden the impact of the Mindsets, **7 Mindsets For Schools** was born, and is now at work in 22 U.S. states. Through the contributions of thousands of educators, we uncovered a common framework that provides (as our San Antonio Co-Host Principal Barbara Vella says) "an umbrella-effect" for cultural transformation.

Combining these elements: research, lessons, training and framework, the content we offer this week distills this shared journey into a new language that is now sweeping the country! Together, we can transform our schools, classrooms and, as you'll learn over the next few days, whole communities using the Mindsets.

Thank you for joining us!



Lupita

Lupita Knittel
President, 7 Mindsets

Welcome Home

We are delighted to select the **Norris Conference Center in San Antonio** as our home base for Mindsets University this year. Here are a few details to help you find your way:

Address

618 NW Loop 410 #207, San Antonio, TX 78216

Parking

Parking is available and is free of charge.

Public Transportation

The venue is accessible from the airport (20-30 minute ride) by taking San Antonio VIA Transit Bus #5.

Please visit www.viainfo.net for more information.

Nearby Lodging

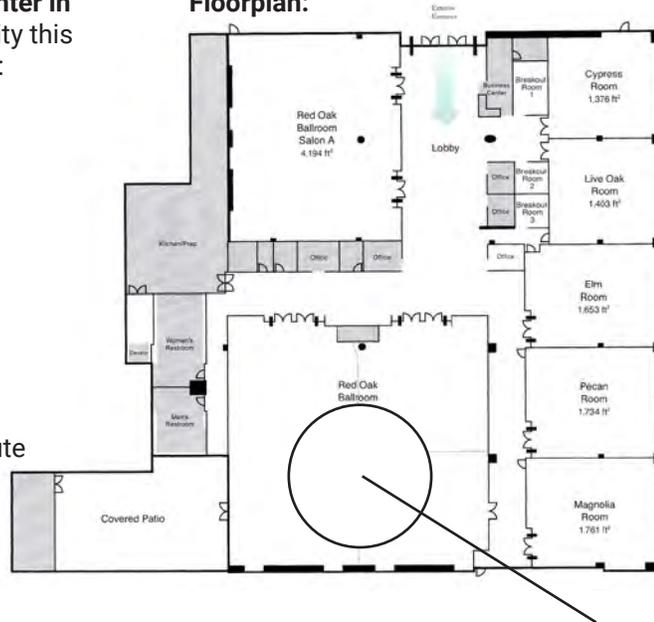
Drury Inn & Suites San Antonio Airport
95 NE Interstate 410 Loop, San Antonio, TX 78216

Towneplace Suites by Marriott San Antonio Airport
214 NE Interstate 410 Loop, San Antonio, TX 78216

Hilton San Antonio Airport
611 NW Loop 410, San Antonio, TX 78216

Staybridge Suites San Antonio Airport
66 NE Loop 410, San Antonio, TX 78216

Floorplan:



Our Spaces

RED OAK BALLROOM

Registration, meals and general sessions are held in and around the Red Oak Ballroom. Day 2 breakouts will concentrate in the same area.



Day 1

Welcome

Registration, Coffee & Light Breakfast

7:00 am

Danishes and breakfast breads, fresh sliced seasonal fruits and berries, juices, coffee & tea.

Opening Program

8:00 am

After a brief film on a very special Texas elementary school, 7 Mindsets Director of Education, Chelsea Buchanan, will open the program.

Morning

The 7 Mindsets

8:45 am

Presented by Chelsea Buchanan, 7 Mindsets Director of Education and Jeff Waller, Co-Author of The 7 Mindsets To Live Your Ultimate Life, participants will explore the Mindsets in depth: at personal and professional levels. Weaving from content to application, participants will construct their own personalized life plan using the 7 Mindsets as a guide.

Lunch

Lunch Buffet

12:30 pm

A lunch buffet with salads, sides, entrees and desert options.

Afternoon Keynote

Mindsets & Movements

1:30 pm

Roberto Rivera paints a powerful vision for the future of Social Emotional Learning.

Mindsparks

MindSpark Salon Series

2:30 pm

Shane McKay Principal, East Central High School

Paige Collier Principal, Tobias Elementary School

Barbara Vella Principal, Chattahoochee Elementary School

Explore best practices and ideas from the field, followed by a panel and Q&A session.

Closing

Closing Reflections & Preview of Day 2

4:30 pm

Day 2

Debrief

Coffee & Light Breakfast

7:00 am

Danishes and breakfast breads, fresh sliced seasonal fruits and berries, juices, coffee & tea.

Opening Review & Icebreak Session

8:00 am

Day 2 starts with a debrief from the day before and an activity to get creativity flowing!

Planning

Implementation Planning Sessions

8:30 am

Co-facilitated by school administrators, teachers and 7 Mindsets Trainers.

Part 1: Readiness Assessment and Reflection

- Social Emotional Learning
- Student Performance
- Climate and Culture
- Challenges and Roadblocks
- School Goals

Part 2: Organization Plan

- Steering Committee Plan
- Educator Communication Plan
- Student Education Plan
- Parent Communication Plan
- Training Plan
- Measurement Plan

Lunch

Boxed Lunch

11:30 am

Served with refreshments and desert options.

Breakouts

Implementation Breakout Sessions 1&2

12:30 pm

Implementation Breakout Sessions 3&4

2:15 pm

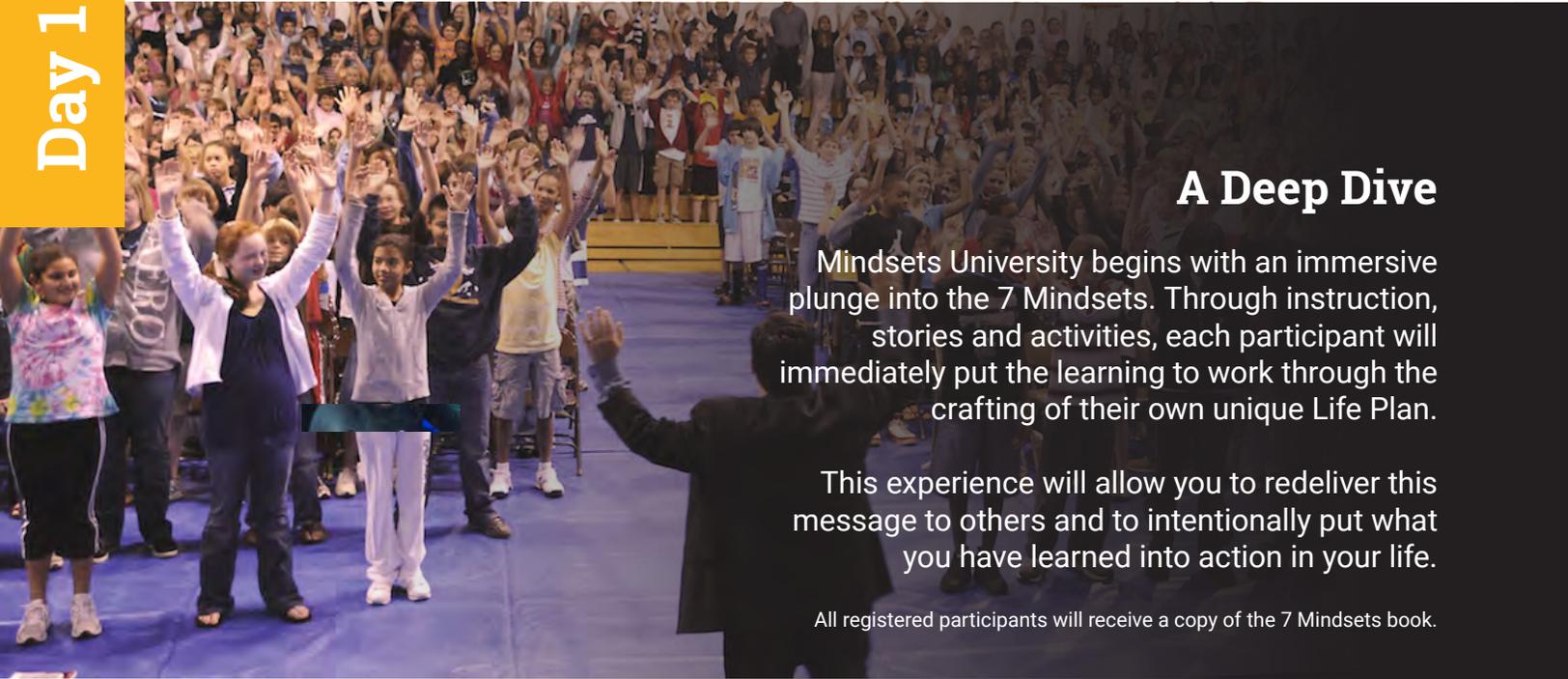
Closing

Closing Reflections, Hugs & Shrugs

3:45 pm

Chelsea Buchanan and Jeff Waller

The Mindsets Revolution



A Deep Dive

Mindsets University begins with an immersive plunge into the 7 Mindsets. Through instruction, stories and activities, each participant will immediately put the learning to work through the crafting of their own unique Life Plan.

This experience will allow you to redeliver this message to others and to intentionally put what you have learned into action in your life.

All registered participants will receive a copy of the 7 Mindsets book.



Chelsea Buchanan is a classroom teacher who attended Mindsets University five years ago, without any prior knowledge of the concepts. She returned home knowing that her path in life had changed, and began working towards her new goal of spreading the Mindsets nationwide. Today, Chelsea is the Director of Educational Services at 7 Mindsets. Each day she combines her passion for helping others to recognize their potential with her background in teaching, instructional coaching, and curriculum.



Jeff Waller is the co-creator of the 7 Mindsets, and co-author of *The 7 Mindsets to Live Your Ultimate Life*. He is focused on delivering transformative solutions that enable every child to create a life of happiness on their own terms. Central to his mission is equipping educators from all walks of life with the skills and tools to create connected school and classroom communities, where every student can thrive and every teacher is empowered to positively impact their students lives.

Shane McKay, Paige Collier, Barbara Vella

Mindspark Salon Series

A Storm Of Ideas!

Back to back, and without the typical formalities, Mindsets University hosts 3 inspiring, unique approaches to the work of teaching and learning.

Each presenter will share for 20 minutes, followed by a dynamic panel discussion before we open the floor to Q&A.

George Moore, a graduate of the Ultimate Life Summit, presents the 7 Mindsets in under 20 minutes using his own personal heroes.



Shane McKay is the Principal at East Central High School in San Antonio. Prior to humbly accepting roles as Assistant Principal, Associate Principal and now Principal, Shane was an elementary, middle school, and high school teacher / coach. His purpose is to inspire and motivate others to be their best and reach their full potential in life. He believes that anything is possible with hard work, persistence, optimism, and grit. As an endurance athlete, Shane has completed 8 marathons, 2 ultra marathons, multiple triathlons, and 1 half-Ironman.



Paige Collier is the Principal of Tobias Elementary School in Kyle, TX. She has worked for Hays CISD as a teacher, reading specialist, instructional coach, and administrator. She advocates for a growth mindset and is committed to continuous improvement and education of the whole child. Paige has been recognized as Hays Elementary Teacher of the Year and Region XIII Teacher of the Year. She holds a Bachelors in Applied Learning and Development from UT, a Masters in Educational Administration from Harvard, and is in the dissertation phase of her Ph.D. in School Improvement from Texas State University.



Barbara Vella is the Principal of Chattahoochee Elementary School in Cumming, GA, and the host of this year's Mindsets University Texas. Her passion for teaching and learning spans over 30 years, where she has taught at both the primary and secondary levels in Texas, North Carolina, and Georgia. She has also served as a middle school Assistant Principal and staff developer. Chattahoochee Elementary's team of educators and administrators have innovated a series of implementation models for social emotional learning which are now part of 7 Mindsets training programs nationwide.

Mikayla Watts tours visitors through the 7 Mindsets Hall at Mashburn Elementary

Implementation Planning Sessions

Participants separate into groups:

- 1) Elementary
- 2) Middle/High school
- 3) Online Schools

Planning Session Flow

With the support of experienced school leaders, in combination with 7 Mindsets staff, participants will explore best practices for implementation of the 7 Mindsets with students, educators, parents, and the community. Through discussion and collaboration, you will create a unique implementation plan for your school. Learning outcomes include how to create a steering committee of teacher-leaders, how to sustain staff momentum, the best ways to incorporating families, and how to create a positive environment where every student can thrive.

Part 1: Readiness Assessment and Reflection

- Social Emotional Learning
- Student Performance
- Climate and Culture
- Challenges and Roadblocks
- School Goals

Part 2: Organization Plan

- Steering Committee Plan
- Educator Communication Plan



Breakout Sessions

Designed to take your implementation planning even further

First Group: 12:30 - 2:00 pm (Select one)

The Umbrella: A Whole School Approach

In this session the participants will hear stories and see examples from schools on how to weave the 7 Mindsets core language into faculty meetings, student government, school traditions, clubs, and instruction throughout the day. The ideas and traditions don't change or go away, but the language, and reason we do them, becomes crystal clear.

Teach! The Art Of Mindsets Instruction

Research has established that when teachers and students are able to connect in deeper and more meaningful ways, learning accelerates. Leveraging best practices to explore simple, proven strategies, this topic helps educators and non-educators alike to facilitate lesson more effectively and build the relationships that are critical to student success.

Second Group: 2:15 - 3:45 pm (Select one)

All Aboard! Managing And Sustaining Change

Learn how to spot and overcome the roadblocks, both personal and organizational, to implementing a clear strategy that manages potential conflict and imminent change. This topic provides a leadership framework for managing change and creating an implementation that addresses the "big rocks" that are commonly uncovered in SEL implementation.

Community & Parent Engagement

In this session, participants will explore the nuts, bolts and infinite possibilities of what happens when parents and the community become an integral component of your school's initiatives for social and emotional learning. From simple steps to share a "common language" with parents, to larger initiatives based on our model communities, participants will leave ready to build bridges in their own.

Write It Down

We Were Created to Create...



Upon arrival at Mindsets University, you'll notice triangle towers situated throughout the learning spaces. They will be mostly blank, with markers all around, and they are yours. Between sessions, during sessions and whenever inspiration strikes, we're counting on every participant to help us co-create a visual learning experience for all.

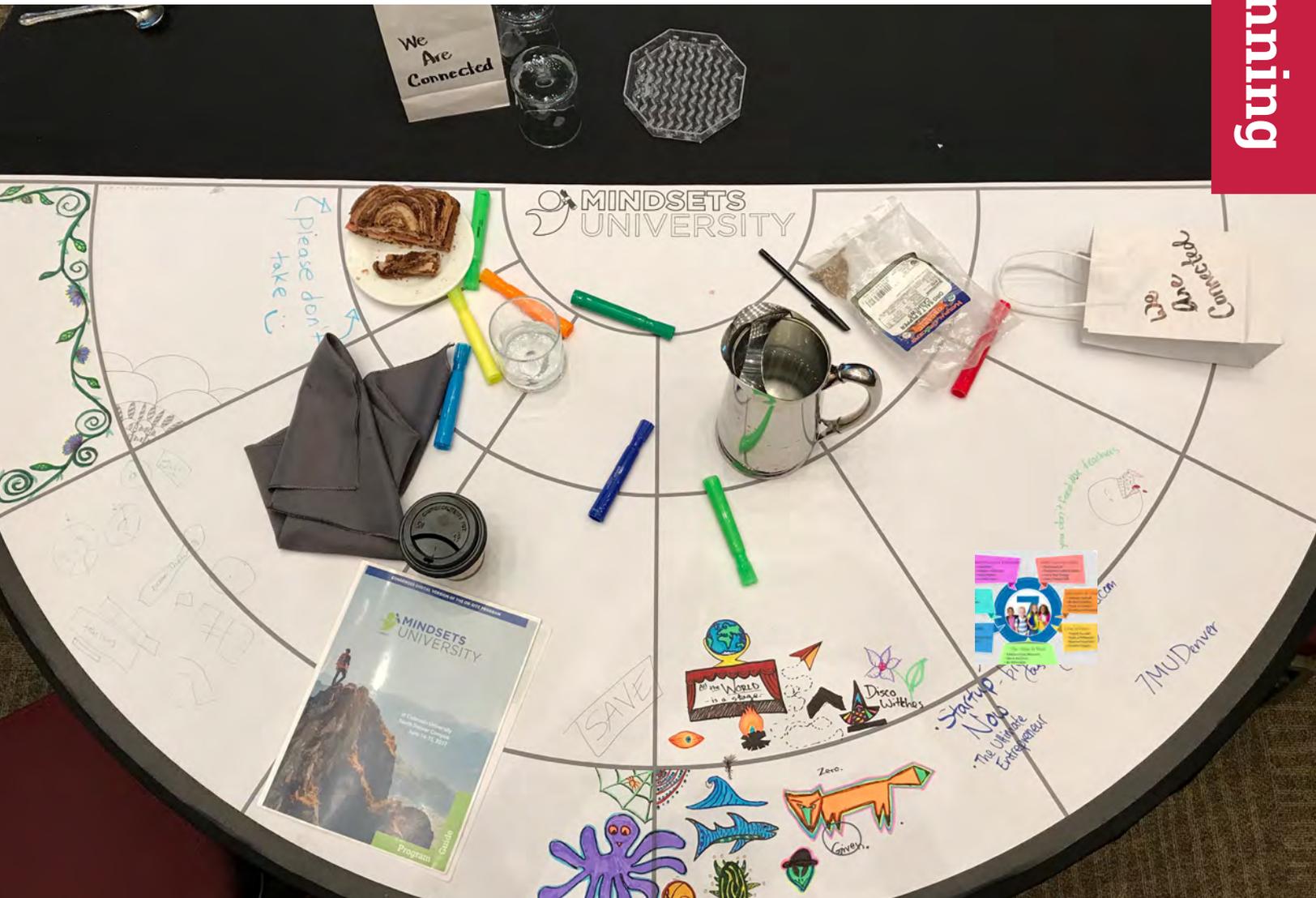
Create With Us...

Collecting school stories of growth, passion and purpose, we've commissioned a documentary film project that journeys into the very heart of TRANSFORMATION. From inner-city neighborhoods to the most remote outposts of our American landscape, we're leaving no stone unturned. If you would like to host our film crew, or share your own creations, talk to a staff member or send an email to ourstory@7mindsets.com



Leave With a Plan

Implementation Toolkit



Toolkit Contents:

- The 5 Competencies of SEL
- The 7 Mindsets
- Educator Life Plan
- Part 1: Readiness Assessment & Reflection
- Part 2: Organization Plan
- Example Pacing Guides



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