



## Make your school Ridiculously Amazing with mindsets-based SEL

### Building positive school cultures rooted in relationships

Educators face major challenges curriculum alone can't solve. Students battle unprecedented levels of bullying, depression and anxiety. Teachers get burned out due to the pressures of standardized testing, lack of time to plan and teach, overloaded classrooms, and student issues that originate from home and outside of school.

Social and emotional learning becomes transformative in our schools and communities when we:

- Reconnect teachers to their passions, their students and each other
- Use a common language to infuse social and emotional learning (SEL) concepts into every activity and conversation
- Provide school leaders and teachers with the guidance to make a positive impact on school culture

When students and teachers make the connections that matter, academic performance goes up, and behavioral issues go down. As a result, schools become the amazing learning environments they were meant to be.

Mindsets are ways of thinking that influence our feelings, thoughts and actions. Mindsets are rooted in emotion, they affect our relationships, and our quality of life. What separates the 7 Mindsets from other SEL programs is that we nurture the mindsets of both students and educators. The activities and experiences make participants more receptive to change and offer tremendous opportunity for personal growth. The 7 Mindsets empowers both students and educators to live lives of passion, purpose, and meaning by positively changing the way they think about themselves and their future.

The 7 Mindsets approach is based on a common language of SEL beliefs. When everyone is speaking the same language, including teachers, administrators, and the wider community, the ideas will stick.

Successful schools paint these mindsets in murals on classroom walls, print them on t-shirts, and even include them in the names of school events and projects. The 7 Mindsets common language ties all of our solution components together for a comprehensive SEL program designed to make everyone in every school thrive.

## The 7 Mindsets.

Everything is Possible

Passion First

We Are Connected

100% Accountable

Attitude of Gratitude

Live to Give

The Time is Now

## Why choose 7 Mindsets?

While curriculum is an important component of student learning, it takes more to affect the hearts and minds of students and their teachers. That's why we start by assessing where you are on your SEL journey, design a recommended path with your input, nurture the SEL health of teachers and students, and provide the training needed for everyone to succeed.

### Learn from educators who have been there, and back.

**SEL roadmap development:** Leadership coaching helps your team assess where they are, set goals, organize an SEL committee, develop an implementation plan, and make adjustments throughout the year.

**Dedicated SEL coach:** Learn best practices from districts across the nation through ongoing coaching, support, and accountability.

### Build a strong foundation with adult-based SEL.

**Teacher training and professional development:** Live and online courses help teachers and staff connect personally to materials, strengthen relationships with colleagues and students, and get them back to the heart of teaching.

**Collaboration and sharing:** Our online, private community gives teachers a single convenient place to collaborate and share SEL best practices, anytime, anywhere.

**Time-saving resources and lessons:** SEL Lesson Builder helps teachers adapt content to their needs, upload lessons to share, and search thousands of ready-made videos, activities, and printable materials.

### Create a school culture where everyone thrives.

**Ridiculously Amazing SEL program:** Our mindsets-based framework includes the 7 Mindsets with 4 learning objectives each. These objectives align with 10 SEL competencies—CASEL's 5, plus resilience, growth mindset, empathy, cultural competence, and hope.

**K-12 Age-appropriate, culturally-relevant curriculum:** Engaging, adaptable digital curriculum for elementary, middle, high school, and virtual classrooms is appropriate in rural, urban and suburban settings. (includes 13 SEL courses based on Bloom's Taxonomy—plus situational SEL courses on mental health, career readiness, equity, and much more.)

**Common language for common understanding:** Common language around the 7 Mindsets keeps the conversation going all day, every day, expanding SEL beyond the classroom and into communities and families.

Learn how 7 Mindsets can help make your school ridiculously amazing.

Contact us today.

## 7 Mindsets Evidence-Based Proven Results

**241%**  
Academic  
Improvement

(Crabapple Middle School)

**54%**  
Fewer Office  
Referrals

(Liberty Middle School)

**87%** of  
Students  
Showed High  
Levels of Grit

after 32 hours of instruction  
(baseline 25%) (Gamel, M.)

**41%**  
Fewer Student  
Suspensions  
and Expulsions

(Middle/high school students in  
TX and FL)

Increase in optimism,  
self-efficacy  
mental health,  
intrinsic resiliency  
and adaptability

(Elementary school students in Cincinnati, OH)

**7 MINDSETS**